

Being the Best Bronco

with The Wellness Center
(VPEs/PHEs)



O.C.H.O

Off-Campus Housing Orientation

Interpersonal Violence

- IPV is the intentional use of physical force or power (threatened or actual) against a person or group that results in or has a high likelihood of resulting in injury, death, psychological harm, maldevelopment, or deprivation:
 - Sexual assault
 - Relationship violence
 - Stalking
 - Harassment
- IPV can happen to anyone regardless of race, gender, sexual orientation, ethnicity



Bystander Intervention

- Stepping in to prevent a dangerous/unsafe situation:
 - Observe the situation
 - Identify it as a problem
 - Decide on a clear path of action (distract, delegate, direct)
- Diffusion of Responsibility = people are less likely to step in if they believe someone else is going to instead
- What can you do prevent certain situations from happening?



IPV and Consent

- Are you in a situation where the other person is comfortable saying no?
- What role does alcohol play in your situation?
- Importance of open and honest communication

CONSENT



Freely Given
Reversible
Informed
Enthusiastic
Specific



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Resources/How They Work

- Non Confidential = private resource, must report an incident to their supervisor, supervisor must report to Title IX
- Confidential = the fact that an event occurred is still recorded, no identifying information is kept or reported (Wellness Center)
- Online reporting = Ethics Point and Title IX
- Even if you choose to report a to a resource, you are still in control of the investigation/process



SCU Survivor Advocacy

Confidential Advocates are here to listen, support, and empower survivors by providing a safe space for students to learn about their options and determine the course of action that best fits their needs

EMOTIONAL

Offer a safe & confidential setting to discuss questions, concerns, and offer emotional support & safety planning.

ACADEMIC

Assist with requesting academic support from professors, such as excused absences & assignment extensions.

FINANCIAL

Connect with community funding resources for unexpected expenses, such as medical bills and counseling fees.



HOUSING

Support with relocation, emergency housing, and physical safety.

REPORTING

Explore reporting options, including Title IX and criminal justice process, and provide accompaniment to meetings.

REFERRALS

Offer information and resources for counseling, community support, legal and medical services, and more.



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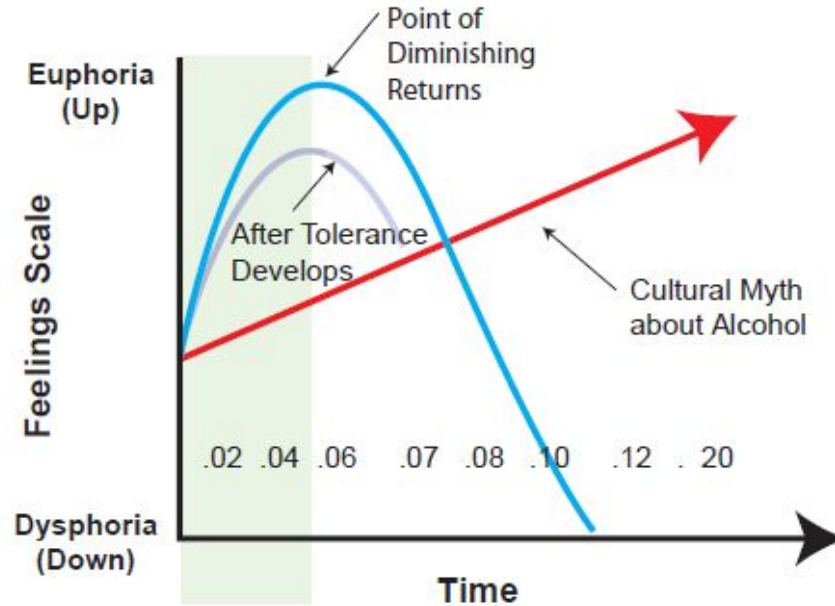
Standard Drink

Did You Know: The Lines on a Solo Cup are Measurement Marks



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BAC/Point of Diminishing Returns



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Alcohol Poisoning/Medical Amnesty

Alcohol levels suppress the nervous and respiratory systems and the body struggles to rid itself of toxins produced from the breakdown of alcohol.



What do you do if you see the signs?

Call **911** if they have one or more signs of alcohol poisoning

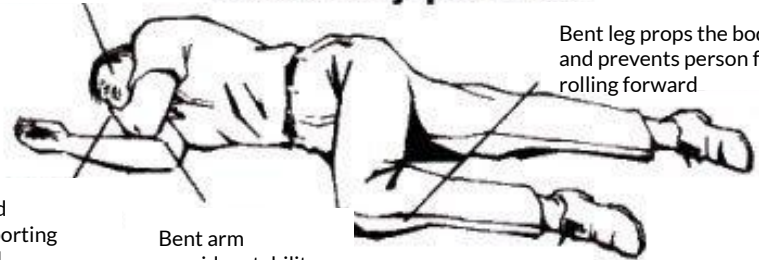
- SCU EMS cannot come off campus and Campus Safety can only respond to NUs

Lay person on their side to prevent choking

Stay with the person until help arrives

Head tilted
back to keep
airway open

Recovery position



Bent leg props the body up
and prevents person from
rolling forward

Hand
supporting
head

Bent arm
provides stability



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SCU AODE Resources

Campus Safety (can only respond on campus or NUs)

- Emergency number: (408) 554-4444
- Non-emergency number: (408) 554-4441

The Wellness Center (852 Market Street)

- Collegiate Recovery Program
- Peer Health Educators programming and workshops
- BASICS (Brief Alcohol Screening and Intervention for College Students)



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Take Aways:



- If you're not sure about something you've seen/heard/experienced, check in with someone. If it didn't sit well with you, it's probably not okay.
- Know who your allies and advocates are and don't be afraid to call upon them.
- Act - it's better to be safe than sorry!
- YOU have the power to change the dynamics of our institution.
- We are a community and are stronger when we work together